

1 **CONTRIBUTION OF FISH PRODUCTION TO FARMERS' SUBJECTIVE**
2 **WELL-BEING IN VIETNAM – A LOGISTIC MODEL**

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22

Abstract

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There is a growing awareness of the importance of food fish production on human nutrition, employment, poverty and recreation. However, the role of aquaculture in livelihoods of fish farmers has not been considered rigorously. With 120 farmers interviewed in a field survey and a cumulative logistic model, this study identifies some determinants of subjective well being of small scale fish farmers in Vietnam and examines the role of earnings from fish production in generating their happiness. The results confirm that the farmers receive satisfaction from their farm working. Subjective well-being of the farmers increases with their job satisfaction and cash earnings from fish farming. A doubling in cash returns from fish culture relative to household income raises a farmer's happiness probability by an estimated 10.6 percent. Education also affects farmers' life satisfaction. For better educated farmers, when their satisfaction from fish culture increases by one level, happiness probability is estimated to increase by 0.23%. Wild fish plays an important role in Vietnamese farmers as a doubling in relative income from wild fish captures raises their estimated probability of happiness by 139%.

Key words: aquaculture, wild fish, subjective well-being, farmers, Vietnam

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Introduction

45 There is now, more than ever, a growing awareness of the importance of food fish
46 production on human nutrition, employment, poverty (Bailey and Skladany, 1991;
47 Edwards, 2000) and even recreation in more developed societies (Jolly and Clonts, 1993).
48 The contribution of aquaculture development to economic growth and to farmers’
49 incomes has been the focus of various government reports as well as working papers
50 produced by development projects. However, the role of aquaculture in the livelihoods
51 of poor farmers has not been considered rigorously. In particular, it is very difficult to
52 find any literature relating aquaculture adoption to happiness or life satisfaction of the
53 adopters although since the 1990s, a number of studies of the determinants of happiness
54 have been conducted by economists following a long history of well-being analysis by
55 psychologists (Frey and Stutzer, 2002). Based on Veenhoven (1991) and (Easterline,
56 2001), “happiness”, “well-being” and “life satisfaction” are treated as synonyms capable
57 of measurement by self-assessment, such that a higher score on an instrument measuring
58 life satisfaction similarly suggests a higher level of happiness or well-being. Veenhoven
59 (1991) defines life satisfaction as “the degree to which an individual judges the overall
60 quality of his life-as-a-whole favorably.”

61 In Vietnam, seafood is the third most important export product after crude oil and
62 textile-garments. Alongside capture fisheries, aquaculture revenue constituted four
63 percent of Vietnamese GDP in 2003 and \$2.35 billion in exports in 2004 (FAO, 2005), or
64 10 percent of the country’s total export revenue. The total area used for aquaculture in
65 Vietnam is 902,229 hectares of two million hectare potential water surface areas (FICEN,
66 2005) covering three percent of the total land area.

67 For the increased contribution of fish production in the livelihoods of small scale
 68 farmers (Edwards, 2000), there exists a question of whether income from adoption of
 69 aquaculture and wild fish catch would raise happiness of farmers. This paper examines
 70 the role of earnings from fish production in improving farmers' quality of life and verifies
 71 the role of fish culture in contributing farmers' happiness.

72 Cumulative logistic model is used to explore the level of farmers' happiness as
 73 well as examine impacts of aquaculture on beneficiaries' life style improvements and
 74 thus, complements previous studies on contributions of aquaculture to farmers' lives.
 75 Furthermore, micro data measuring happiness, especially related to job satisfaction, is
 76 unavailable in a developing country like Vietnam. Thus, data from a field survey used in
 77 this study is unique so far.

78 **Methods and Data Description**

79 *Regression Model*

80 Subjective well-being is a broader concept than decision utility, including
 81 experienced utility as well as procedural utility. Frey and Stutzer (2002) suggest a micro-
 82 econometric function to measure happiness, $W = \alpha + \beta \mathbf{x} + \varepsilon$ where W is level of happiness
 83 and \mathbf{x} is a vector of explanatory variables of demographics and socioeconomics
 84 characteristics.

85 Given that utility levels are represented by ordinal variables, a farmer's utility
 86 (represented by satisfaction or happiness from aquaculture) takes the following function

$$87 \quad U_i = \alpha^* + \beta^* \mathbf{x}_i + \sigma \varepsilon_i, \quad (1)$$

88 where U is utility level, \mathbf{x} is vector of explanatory variables and i represents
 89 individual respondent. However, U_i can not be observed directly. Instead, according to
 90 Greene (2003), there exists a set of cut off points or thresholds, π_1, \dots, π_{J-1} , that are used to
 91 transform U_i into the observed variable Y as following

$$92 \quad Y_i = 1 \text{ if } \pi_1 \leq U_i \quad (2)$$

$$93 \quad Y_i = 2 \text{ if } \pi_2 < U_i \leq \pi_1$$

$$94 \quad Y_i = 3 \text{ if } \pi_3 < U_i \leq \pi_2$$

$$95 \quad \cdot$$

$$96 \quad \cdot$$

$$97 \quad Y_i = J \text{ if } U_i \leq \pi_{J-1}$$

98 Assuming ε_i has a standard logistic distribution, it follows that the dependence of Y
 99 on \mathbf{x} is given by the cumulative logit model.

$$100 \quad \text{Log} [F_{ij}/(1-F_{ij})] = \alpha^* + \beta^* \mathbf{x}_i \quad j = 1, \dots, J - 1; \quad (3)$$

$$101 \quad \text{where } F_{ij} = \sum_{m=1}^j p_{im} \text{ represents cumulative probabilities,} \quad (4)$$

$$102 \quad \text{with } p_{ik} = P(Y_i=k)$$

103 Agresti (2002) defines the cumulative probabilities in simpler form

$$104 \quad P(Y \leq j | \mathbf{x}) = p_1(\mathbf{x}) + \dots + p_j(\mathbf{x}) \quad (j = 1, \dots, J) \quad (5)$$

105 and the cumulative logits are

$$106 \quad \text{logit}[P(Y \leq j | \mathbf{x})] = \frac{\log P[(Y \leq j | \mathbf{x})]}{1 - \log P[(Y \leq j | \mathbf{x})]} \quad (j = 1, \dots, J - 1) \quad (6)$$

107 A model that simultaneously uses all cumulative logits is given by

$$108 \quad \text{logit}[P(Y_i \leq j | x)] = \alpha_j + X_i' \beta \quad (7)$$

109 where Y_i is response of the i^{th} respondents and $j = 1, \dots, J - 1$ and J represents number of
 110 categories of responses; in our study, $J = 5$; X_i' is the transposed vector of explanatory
 111 variables.

112 Each cumulative logit has its own intercept α_j increasing in j , but the same
 113 coefficient β for each explanatory variable, representing the effect of explanatory variable
 114 x on the response Y . The response curves for $j = 1, \dots, J-1$ have the same shape
 115 determined by β . They share exactly the same rate of increase or decrease but are
 116 horizontally displaced from each other. According to Agresti (2002), for fixed j , the
 117 response curve is a logistic regression curve for a binary response with outcomes $Y \leq j$
 118 and $Y > j$.

119 Allison (1999) states that the coefficients in equation (7) are related to equation
 120 (1) by

$$121 \quad \alpha_j = \frac{\alpha^* - \pi_j}{\sigma} \quad (8)$$

$$122 \quad \text{and} \quad \beta = \beta^* / \sigma. \quad (9)$$

123 Allison (1999) emphasizes that coefficients β are not affected by the placement of
 124 the thresholds. Some of π 's may be close together while others far apart, but the effects
 125 of the explanatory variables stay the same. The effect of π is on the intercepts.

126 To measure the farmers' life satisfaction, a proxy for their happiness, subjective
 127 well-being or 'utility' (Frey and Stutzer, 2002), the respondents were asked "*Do you*

128 *recognize generally a considerable improvement in quality of life in your household since*
129 *adoption of fish culture?"* Farmers' responses to the question are based from Likert scale
130 ranging from one ("strongly agree") to five ("strongly disagree"). Frequencies of the
131 responses are summarized in Table 1.

132 Because absolute income may not be a determinant for quality of life (Frank,
133 2005) relative incomes calculated as the ratios of absolute income from fish culture ("fish
134 income" in brief) and from wild fish capture ("wild fish income" in brief) to total
135 household income are included in the model to examine their effects on life quality
136 improvement in addition to the variable of *income* variable, per capita income. Cash
137 income from fish culture is more appreciated by farmers because cash can be used to buy
138 necessities and improve their livelihood. Therefore, cash income from fish culture
139 relative to total household income is also included in the model. Higher cash income is
140 expected to lead to higher levels of happiness. The income from non-farm activities
141 relative to total household income is used to control for the effect of non-farm income.

142 According to Cantril (1965), a good job and personal characteristics are also
143 associated with happiness. Satisfaction from aquaculture, a proxy for job satisfaction, is
144 thus expected to raise fish farmers' happiness levels. Education level of respondents as
145 well as number of men and land area of a farm are used as controlling variables in the
146 model. In previous research, younger respondents report lower life satisfaction than the
147 older respondents (Frey and Stutzer, 2002). The age of respondents also plays an
148 important role in their subjective well-being. The number of men in a household is used
149 to control the possible role of male labor in creating income and improving household
150 livelihood in poor and remote communities where the role of women in the labor market

151 is limited. The importance of farm size in a farmer's livelihood merits inclusion of a land
 152 area variable in the model; more land area is likely to result in higher levels of quality of
 153 life.

154 For an empirical regression, a logistic model is specified as follows

$$155 \text{ Logit}[P(\text{happy} \leq j)] = f(\text{pls_fish}, \text{income}, \text{fcash_total}, \text{nonfarm_total}, \text{catch_total}, \\ 156 \text{ fish_total}, \text{age}, \text{edulevel}, \text{men}, \text{land})$$

157 where:

- 158 - P : probability of the farmers' response get the value less than or equal j
- 159 - happy : categorical variable of improvement in farmer's life quality
- 160 - j : five scores ($j=1, \dots, 5$) represent farmers' responses to the question, from one
 161 ("strongly agree") to five ("strongly disagree")
- 162 - pls_fish : categorical level of farmer's satisfaction from fish culture, ranging from
 163 1 – 5 for five levels from "strongly dissatisfied" to "strongly satisfied"
- 164 - income : per capita income
- 165 - fcash_total : cash income from fish culture relative to total household income
- 166 - nonfarm_total : non-farm income relative to total household income
- 167 - catch_total : income from wild fish capture relative to total household income
- 168 - fish_total : income from fish culture relative to total household income
- 169 - age : age of respondent; $\text{age} = 1$ if the respondent is older than 40, $\text{age} = 0$
 170 otherwise

- 171 - *edulevel*: education level of respondents; *edulevel* = 1 if the respondent has
 172 completed secondary school, *edulevel* = 0 otherwise.
- 173 - *men*: number of men in a respondent's household
- 174 - *land*: total area of land occupied by a respondent's household

175 In another version of this model, a variable of improvement of community life
 176 was also added, but the variable is highly correlated with the dependent variable and
 177 explicitly dominates other variables. It was thus dropped out of the model.

178 To investigate possible interaction effects of age, education level and job
 179 satisfaction levels of fish farmers with other variables, the interaction variables are also
 180 added into the model.

181 The cumulative logit of farmers' happiness is

$$182 \quad \text{logit}[P(\text{Happy} \leq 2)] = \log \frac{P(\text{Happy} \leq 2)}{P(\text{Happy} > 2)} = \log \frac{P(\text{Happy} \leq 2)}{1 - P(\text{Happy} \leq 2)}$$

183 The estimated probability of the farmer's well-being is

$$184 \quad P(\text{Happy} \leq 2) = \exp\{\text{Logit}[P(\text{Happy} \leq 2)]\}$$

$$185 \quad P(\text{happiness}) = P(\text{Happy} \leq 2) = \frac{\exp\{\text{logit}[P(\text{Happy} \leq 2)]\}}{1 + \exp\{\text{logit}[P(\text{Happy} \leq 2)]\}}$$

186 The scores of $j=1, 2$ indicate that the farmer is happy with their life. At fixed
 187 threshold $j=2$, the response curve is a logistic regression curve for a binary response with
 188 outcomes $Y \leq 2$ and $Y > 2$. From this, we can obtain the estimated cumulative
 189 probability P of farmers' satisfaction or happiness from which we can calculate marginal

190 effects which are then used to calculate elasticities of continuous explanatory variables
191 for each observation. For dummy variables (say, D), the marginal effects are differences
192 between $P(Y \leq 2 \mid D=1, x)$ and $P(Y \leq 2 \mid D=0, x)$.

193 *Data Description*

194 The data for this study are obtained from a 2001 field survey involving 120 fish
195 farmers in three provinces of Binh Phuoc, Tay Ninh and Long An in Southern Vietnam.
196 Because of poor resources due to dry soil and water scarcity as well as remote distances
197 to urban regions, aquaculture was underdeveloped in the provinces before 1994. Limited
198 resource farmers in these provinces live mainly on subsistence agriculture and are
199 irregularly employed in off-farm labor. Aquaculture has been adopted as a solution for
200 rural development and improvement of farmers' livelihoods.

201 The investigated region is also the target area of an aquaculture development
202 program, UAF-Aqua Outreach Program (UAF-AOP), which was implemented starting in
203 1994 under cooperation of the provincial extension agencies and Fisheries Faculty of the
204 University of Agriculture and Forestry (currently renamed Nong Lam University,
205 Thuduc, Hochiminh City, Vietnam). Between 1994 and 2000, the program had
206 transferred appropriate and low cost technologies, utilizing local resources, to small scale
207 farmers involved in on-farm trials. Since the beginning of the program, aquaculture has
208 been continuously growing in both water surface and production intensity, mostly within
209 extensive and semi-extensive aquaculture systems in the area (Duc, 2002).

210 Headed mostly by men, the surveyed households had an average size of five
211 members, ranging from one to sixteen and median number of men is two, while the age

212 of the respondents (also household heads) ranged from 26 to 80, with a mean of 47,
213 mostly concentrated in the 35 - 60 year old range. The respondents had quite high
214 education levels, with more than 75 percent of them having completed secondary or
215 higher levels. The rather high educational level of the farmers should make them more
216 willing to adopt new farming technologies, thereby improving their livelihoods.

217 Prior to the development project, aquaculture was underdeveloped in the survey
218 area. However, overall pond area has considerably increased since 1995, the beginning
219 of the UAF-Aqua Outreach Program. This study focuses on small-scale fish farmers,
220 whose pond area is generally small or very small, ranging from 40 to 9,000 m², and the
221 ratio of pond to land ranges from 0.25 – 80.00 percent. The land area owned by
222 households in this survey ranges from 500 m² to 12 ha.

223 Employing Enterprise Budgeting methods (Jolly and Clonts, 1993), household
224 income includes farming income, off-farm income and non-farm income and also income
225 from wild-caught fish which plays an important role in the livelihoods of the target
226 farmers. Total household income is divided by household size to get per capita income.
227 Farming income includes incomes from farming enterprises such as rice cultivation,
228 livestock, fish culture, non-rice crop farming and fruit trees, all of which contribute to
229 farmers' annual incomes. Any enterprises practiced solely for consumption and which do
230 not contribute to a farmer's income are ignored in this study because farmers do not
231 consider them as sources of income and their role in farmers' livelihoods is not
232 empirically relevant. Because a few farmers suffer economic losses during the study
233 year, the household income, farming income, non-farming income and income from fish
234 culture (fish income) are added with 1,000 to make their profits positive and enable

235 positive ratios of fish income to household income and farming income as relative values
236 of income received from the enterprise.

237 In this study, “fish income” is defined as total income from fish production,
238 including cash income received from fish harvest sales and ‘forgone’ income from the
239 amount of fish given away and eaten while “wild fish catch income” is cash income
240 received from selling wild fish caught off-farm. Cash income from fish culture is more
241 appreciated by the farmers because they can use cash to buy necessities and to improve
242 their livelihood. To explore their effects on farmers’ satisfaction or happiness, incomes
243 either in their absolute or in relative values are assumed exogenous in regressed models.
244 Descriptive statistics are summarized in Table 2.

245 **Results and Discussion**

246 The SAS logistic regression procedure with backward selection is used, setting a
247 maximum P-value of 10 percent. From the logistic procedure the best fit model is
248 selected. The proportional odds test ($\chi^2 = 38.0631$, $P=0.1481$, Table 3) confirms
249 regressed parameters are the same across logits, simultaneously for all predictors,
250 allowing to use cumulative logit model to explore effect of determinants on the
251 dependent variable (probability of life satisfaction, or happiness). The Chi-square tests
252 for Goodness-of-fit of the model (Table 3) justify that the regression results are
253 significant ($P<0.0001$).

254 Marginal effects and elasticities are also calculated to measure the magnitude of
255 effects of explanatory variables. Since elasticities are nonlinear functions of the observed
256 data the logit function is not guaranteed to pass through the mean point (Train, 1986).

257 Further elasticity is calculated at the means tend to overestimate the probability response
258 to a change in an explanatory variable (Hensher and Johnson, 1981). The elasticity
259 measured at means is thus not used to measure effects of continuous variables. Instead,
260 based on Hensher and Johnson's (1981) formulation, the weighted average elasticities are
261 calculated from the marginal effects.

262 The logistic regression coefficients, marginal effects and elasticities are reported
263 in Table 3. The results show that the cumulative probability of life quality improvement
264 increases with higher levels of farmer's satisfaction from fish culture. The weighted
265 marginal effect of *plsfish* is 0.1425, showing that the farmers' satisfaction from fish
266 production is positively related to their happiness. The estimated probability of
267 happiness increases by 14.25 % when their job satisfaction goes up one level, i.e. the
268 score of their response in Likert scale is estimated to increase one unit in given other
269 variables.

270 Age has a positive effect on the probability of improvement in life quality of
271 farmers. The regression results show that for older farmers, higher relative income from
272 fish farming seems to lower their happiness levels. For farmers older than 40 years old,
273 when relative income from fish culture doubles their estimated probability of happiness
274 decreases by 32 percent. The negative influence of relative income from fish production
275 to farming income may be related to the negative effect of relative income from fish
276 culture to total household income for older farmers. As fish income of older farmers
277 relative to total income doubles, their probability of happiness is estimated to decrease by
278 32 percent. This result shows that income from fish culture is unlikely to increase
279 happiness of the older. However, the result suggests that the younger farmers are happier

280 with the higher income from aquaculture, a new farming operation introduced to their
281 community. That implies a potential to introduce the new farming technology to the
282 young fish farmers community.

283 Although the coefficient of education is insignificant in the regressed model, the
284 interaction between education level and job satisfaction is significant, suggesting that
285 better educated farmers who are more satisfied with their fish culture would be slightly
286 happier relative to those with lower education and satisfaction levels. For better educated
287 farmers, when their pleasure to fish culture increases by one level, i.e. the score of their
288 response in Likert scale increases one unit, their probability of happiness is estimated to
289 increase by 0.23%.

290 Effects of income on farmer's happiness are interested in this study. Income per
291 capita has a positive effect on the cumulative probability of happiness. When the income
292 per capita of farmers doubles, their probability of happiness is estimated to increase by 31
293 percent. Happiness is income inelastic; so fish farmers would have to get more income to
294 increase their happiness levels. Non-farm income lowers the happiness levels. A 10
295 percent rise in non-farm income relative to total household income is estimated to lower
296 farmers' probability of happiness by 12 percent. All of the interviewed fish farmers are
297 household heads, and most of their non-farm income comes from younger family
298 members working for local manufacturing and service sectors, as well as from
299 remittances from their relatives living in urban regions. The interviewed farmers are
300 committed to the farming operations for most time of their life. The more non-farm
301 money the farmers receive from other people, the less happiness they get because they

302 feel they are more dependent on others. The negative effect of non-farm income thus
303 indicates farmers receive utility from their working on the farm.

304 The important role of income in small scale farmers' livelihoods can be
305 represented via cash income as they can use cash to improve their life, leading to a
306 happiness increase. Cash earned from fish culture has a similar positive effect. A 100
307 percent increase in cash returns from fish culture relative to household income is
308 estimated to raise a farmer's happiness probability by 10.6 percent.

309 Earnings from wild fish capture still significantly contribute to well-being of fish
310 farmers, as the higher it is relative to total income, the higher the positive effects in both
311 models. If relative income from wild fish increases doubles, estimated probability of
312 farmers' subjective well-being is estimated to increase by 139 percent.

313 **Conclusion**

314 Not only confirming that the older farmers get higher probability of happiness, the
315 logistic regression also affirms that per capita income is still an important determinant of
316 life quality improvement, a proxy for subjective well-being. The contribution of fish
317 culture to improvement of farmers' livelihoods and well-being can be exhibited by their
318 pleasure and cash earnings from the enterprise. Earnings from wild fish capture also
319 significantly contribute to well-being of fish farmers. Negative affect of higher relative
320 non-farm income on their happiness indicates that fish farmers receive satisfaction from
321 their working on the farm.

322

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- 370

371 TABLE 1. Frequency of dependent response variables.

Response Level	Frequency	Percent
1 – strongly agreed	4	3.33
2 – agreed	71	59.17
3 – undecided	41	34.17
4 – disagreed	3	2.5
5 – strongly disagreed	1	0.83

372 Note: responses to the question “*Do you recognize generally a considerable improvement*
373 *in quality of life in your household since adoption of fish culture?*”

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375

376 TABLE 2. Summary of data descriptive statistics.

Variables	Mean	S. Error	Minimum	Maximum
Age	47.5167	0.97086	26	80
Edulevel	2.00833	0.7503	0	4
Hhsize	5.01667	0.1661	1	16
Men	2.39167	0.0934	0	5
Land (m ²)	14660.42	1734.047	500	120000
Pond/land	12.9407	1.4581	0.2439	80
Hhincome (\$)	1215.298	85.6945	-637.931	5043.103
Farmincome (\$)	686.9075	70.2029	-1051.72	5043.103
Fish/household income	27.7569	2.3284	1.4030	100
Fish/farm income	46.9511	6.3367	-579.688	215.3846
Fish_income (\$)	304.55	44.5622	14.4828	4172.414
Fishcash (\$)	176.5397	20.5130	0.0000	1103.448
Capita income (\$)	260.6084	20.2045	-159.483	1425.69
Nonfarm_income (\$)	494.1379	691.3666	0.0000	4137.9300
Catch_income (\$)	10.8184	38.8199	0.0000	344.8276
Involve	0.2500	0.4348	0.0000	1.0000
Fish expectation	15.7174	18.5256	-8.0033	75.8571
Fish yield (kg/m ²)	0.5826	0.5706	0.015	3.3333

378 TABLE 3. Results of statistical tests for model appropriateness and goodness-of-fit.

Test	Chi-square	P-value
Proportional Odds Assumption	38.0631	0.1481
Likelihood Ratio	60.7548	<0.0001
Score	48.3879	<0.0001
Wald	39.6088	<0.0001

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381 TABLE 4. Estimates and marginal effects for subjective well-being.

Parameter	Regression Estimates		Marginal effect	Elasticity
	Coef.	S. Error	Weight average	Weight average
Intercept1	-4.6981***	1.4666		
Intercept2	0.061	1.2983		
Intercept3	3.4474**	1.4154		
Intercept4	4.9001***	1.6641		
Plsfish	0.7632**	0.365	0.1425	
Income	0.00179*	0.00102	0.0003	0.3145
Fcash_total	0.0256**	0.0129	0.0048	0.1057
Nonfarm_total	-0.042***	0.0131	-0.0078	-1.1966
Catch_total	0.0704***	0.0256	0.0131	1.3871
Fish_total	-0.1553	1.878		
Age	4.0651***	1.487	0.0503823	
Edulevel	2.6866	1.6944		
Fish_total.age	-5.8222***	2.1138	-0.9486	-0.2663
Plsfish.edulevel	1.5786*	0.812	0.2615	

382 *Note: *, **, *** significant at 90%, 95% and 99% level, model rescaled R² is 0.4718*